

Feelings



Social Emergent Transitional:



Goal

Explores the various messages related to feelings during interactions and daily activities. (regulating emotions and behaviors)



Preparation

- Locate the page that has vocabulary related to Feelings.
 - If using TD Snap Core First:
 - Navigate to QuickFires->Feelings page or Word Lists->Feelings
 - If using TD Snap Motor Plan:
 - Navigate to Descriptors-->Feelings
- Review vocabulary



Materials

- Book about feelings.
- Videos about feelings.



Tips for Success

- At this linguistic level, navigation is not required.
- If the learner is displaying an emotion, talk about the emotion using the device to model (e.g. "You look like you are sad" (while pressing I'm sad).
- Remember to model. [Modeling AAC Activity](#)
- Inconsistency is normal at first. You may have to repeat this activity multiple times.
- Make sure to wait even longer than you expect to see if the individual will respond.



Modeling AAC
Example

Scan QR code



Activity with Steps

- 1 Introduce the activity. Say, "We are going to read a book (watch a video) about feelings. As we read, we will stop to discuss feelings. Here is where you can find words to describe feelings." Show and model how to use the word or phrases on the feelings page.
- 2 Read the book (watch the video) and periodically stop to ask the child how they would feel during various parts of the story. If it exists in the communication system, use the button "How do you feel?" to ask them.
 - Model correct responses on the page



Supplemental Activities

Repetition with Variety is very important in teaching AAC. Create practice opportunities that are not boring by keeping the skill constant and varying the activity. Use the following scenarios during the day to work on this goal using the same steps in the activity above.

- Play games where the learner has to describe the emotion they are seeing in a picture.
 - Play Bingo games with various emotions.
- Lessons and books from Activities-to-Go found on [Boardmaker Activities-to-Go](#). The thematic lessons and books provide ample opportunity for individuals to practice this goal.
- Daily Activities
 - Talk about emotions using the page during daily activities like dressing, eating, cleaning.



Activities-to-Go
Scan QR code



Measuring Success

- Increased attention to the interaction.
- Movement towards the device or communication book.
- Increased number of attempts to gain attention, even if not always successful.
- Initiation of making a selection or vocalization.



Note

The individual does not have to 'master' this goal at 80% accuracy before you can move on to the next one. Even if they don't meet the goal consistently, or without cueing, the individual may still be ready to move forward to the next goal.

Parent/Caregiver Letter

Date: _____

Dear: _____

I'm sending this letter to let you know that we are working on exploring feelings. You will play an important part in the learning process.

How? You can reinforce the skills we address here, at home.

- **Model feelings in a variety of activities and environments.** During your daily activities, touch the device yourself to combine key words as you say them with your speech. Modeling with feel more natural to you the more you do it.
- Complete the attached suggested activities to get you more familiar with the system.

I will be sending more activities and suggestions home. Provide any feedback and contact me with any questions. The more you can practice, the better! I'm looking forward to hearing more about the fun you have working on this skill.

Sincerely,

Activities for carryover

- 1 _____
- 2 _____
- 3 _____